

Theresa A. Schmidt

PT, DPT, MS, OCS, LMT, CEAS, CHy, DD
Speaker, Best Selling Author and Educator

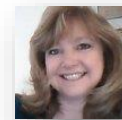


Founder of Educise™ Educate the Body, Exercise the Mind.

Theresa A. Schmidt, is the founder of Educise continuing education, based in Long Island, NY. Theresa is a Board-certified Specialist in Orthopedic Physical Therapy, a certified professional speaker, hypnotherapist, massage therapist, personal trainer, minister, and shamanic practitioner.

Theresa's work integrates the best of traditional and alternative medicine to help people achieve optimal wellness. Educise seminars empower health professionals with results-oriented evidence-based education and hands-on skills that enable them to make a real difference.

Theresa received her Doctorate in Physical Therapy from University of New England and served as faculty of the Physical Therapy and PTA Programs at Touro College in New York City. She also served as adjunct professor at Nassau Community and CUNY Queens Colleges. Theresa is a best-selling author and has published her research in MOJ Orthopedics and Fascia Research Congress III.



Jane Boston
President at
Motivations Inc.

Theresa A. Schmidt is at the top of her profession as a Physical Therapy education expert. She conveys information clearly, prepares completely and takes an interest in each learner. Our company is proud to carry her courses and materials. I highly recommend her for work in her field.

CONTINUING EDUCATION

SEMINARS:

Educise.com

- Biosynchronistics®
- Chronic Pain/Fibromyalgia
- Cupping Therapy
- Evidence Based Myofascial and Craniosacral Interventions
- Ergonomics & Wellness
- Flex Ability
- Geriatric Balance & Fall Prevention
- Geriatric Massage
- Getting Workers Back in Action
- Integrated Neuromuscular Re-education
- Maximize Fitness with Myofascial
- Muscle Energy Lumbar Spine SI Joint and Pelvis
- Myofascial Release Clinical Applications
- Positional Release for Lower Back Pain
- Releasing Trigger Points
- Understanding Clinical Practice Guidelines for Low Back Pain

PUBLIC WELLNESS & INTEGRATIVE MEDICINE SEMINARS

MyMetaPhysicalTherapist.com

- Ancient Stories, Modern Dis-Ease
- Easy Pain Relief
- Energy Anatomy & Function
- Reiki
- Reiki ART
- Reiki Master
- Reiki Karuna Master
- Turn Pain to Gain
- Wellness Retreat
- From Stressed to Blessed



BOOK THERESA TODAY!

Theresa Schmidt

Educise@Gmail.com (877) – 281 - EDUCISE (3382)

- [linkedin.com/in/educisetheresaschmidt](https://www.linkedin.com/in/educisetheresaschmidt)
- [facebook.com/educiseresourcesinc](https://www.facebook.com/educiseresourcesinc)
- [YouTube/educiseresources](https://www.youtube.com/educiseresources)